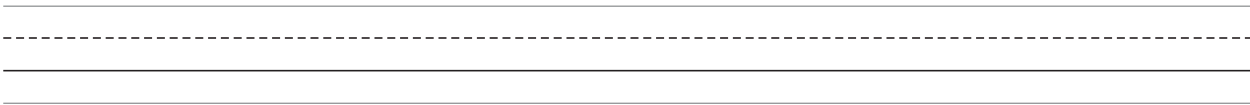


### Points to Remember

**The Guiding Lines:** The letters are always written within the guiding lines. The letters must never spill out of the light-coloured lines. The climbers do not go beyond the top line and the swingers do not hang below the bottom line.



**The Starter Dots and Arrows:** Always start the letter formation at the dot and in the direction of the arrow. Once the letter formation is mastered the dot and arrow may no longer be necessary.

**The Writing Tool:** It should be age appropriate. The writing should be neither too light nor too dark.

**Holding the Writing Tool:** The writing tool should ideally be held between the thumb and the forefinger, an inch or more from the tip. The centre finger lends support to the writing tool. The grip on the tool must be moderate, not too tight nor too loose.

**Sitting Posture:** To write well one must be sitting correctly. The most important factor is having furniture that is comfortable and age appropriate. The height of the table and chair should match the child's size. The child should sit upright with his/her back straight. It is also important to ensure that there is adequate lighting at the work table.

**Enough Practice:** Handwriting is a motor skill and requires regular practice to develop well.

### **For the Teacher/Parent**

The letters of the cursive alphabet are taught according to their shapes, formation and how they join with the other letters. The approach is to teach and practise letters with similar strokes and shapes together. These descriptions, along with words like 'clockwise' and 'anticlockwise', can be used to help the children write the letters. The following groups have been formed and their points of similarity are as follows :

**The Ovals:** The letters a, c, d, g, q and o are known as the ovals. These are made by starting at the black line and going over the top and back again to form an oval. Their exit strokes are not similar and are taught separately. For example, we include o with the top joins due to its exit strokes.

**The Top Joins:** The letters o, v and w are all top joins as their exit stroke is from the top. The letters following the top joins have to start at the dotted line because of this uniqueness.

**Looped Swingers:** The letters g, j, q, y and z are swingers because they have tails. These tails are looped back to the baseline to join with the letters that follow.

**Looped Climbers:** k, l, h, b and f, all begin by climbing up to the top line and then looping down to the baseline before moving further. They are, therefore, known as the climbers.

**'Tick' Exit Stroke:** i, u, m, n, a, d, e, c, all share a common exit stroke. The swing of the writing tool while forming the stroke is similar to a 'tick'.

**The Cross Joins:** t is a cross join letter. It is joined to the following letters usually from the base line but some people also join them from their cross bars.

**The Loners:** x, r, s, f and p have a formation and shape that is very unique to them. Some of these shapes are a little complicated, so these letters are learnt after sufficient practice with other letters.

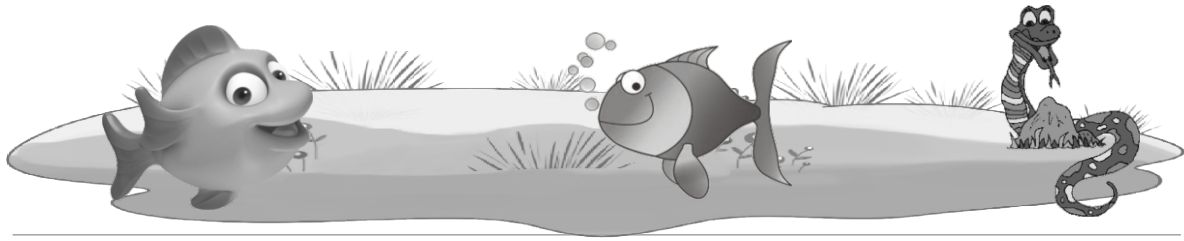
Trace the patterns without lifting your pencil.

ell

uuu

mmm

vvv



oooo

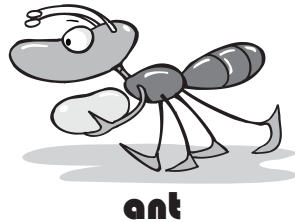
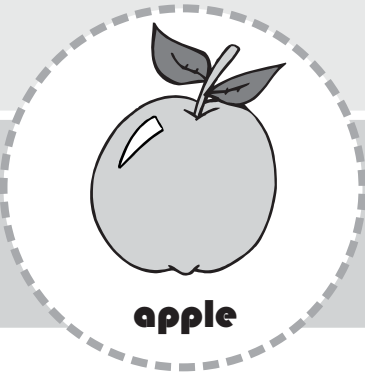
ccccc

aaa

ssss

Read aloud the letter name.

A A a a



Trace and copy the letter.

a a a a a

a a a a a

Trace and join the letters.

al al a a a

ac ac a a a

an an a a a

at at a a a

Read aloud the letter name.

*c c*  *c c*

cat



cake

Trace and copy the letter.

*c c c c c*

*c c c c c*

*c c c c c*

Trace and join the letters.

*ca ca c c c*

*cd cd c c c*

*cg cg c c c*

*cm cm c c c*

Read aloud the letter name.

Handwriting practice for the letter 'd'. On the left, two uppercase 'D's are shown on a set of three horizontal lines (top, middle-dashed, bottom). On the right, two lowercase 'd's are shown on the same lines. In the center, a bulldog's head is illustrated within a dashed circular border.

dog



duck

Trace and copy the letter.

Handwriting practice for the letter 'd'. The first row contains five lowercase 'd's for tracing on a set of three horizontal lines. The second row contains five lowercase 'd's for copying, each with a starting dot and an arrow indicating the stroke direction. The third row contains five lowercase 'd's for copying, each with a starting dot and an arrow indicating the stroke direction.

Trace and join the letters.

Handwriting practice for joining letters. Each row contains two letters for tracing followed by three letters for copying, each with a starting dot and an arrow indicating the stroke direction. The rows are: 'da', 'dc', 'dg', and 'dl'.

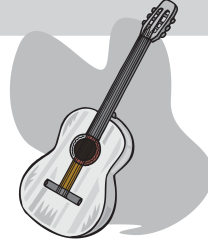
Read aloud the letter name.

g g



g g

goat



guitar

Trace and copy the letter.

g g g g g

g g g g g

g g g g g

Trace and join the letters.

ag ag g g g

dg dg g g g

cg cg g g g

bg bg g g g



Read aloud the letter name.

Q q



q q

queen



quill

Trace and copy the letter.

q q q q q

q q q q q

q q q q q

Trace and join the letters.

aq aq q q q

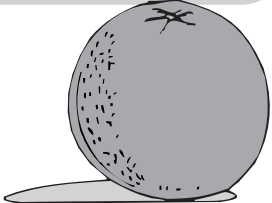
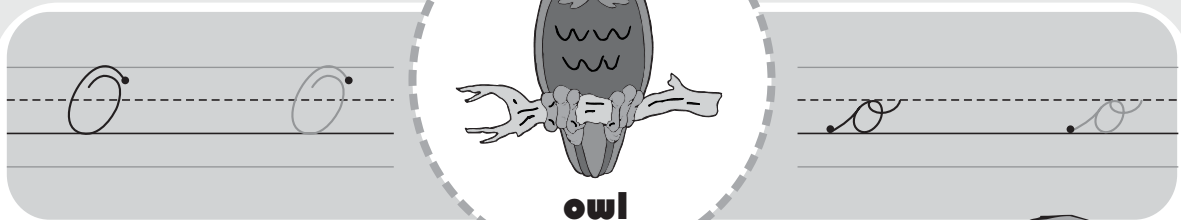
dq dq q q q

xq xq q q q

bq bq q q q

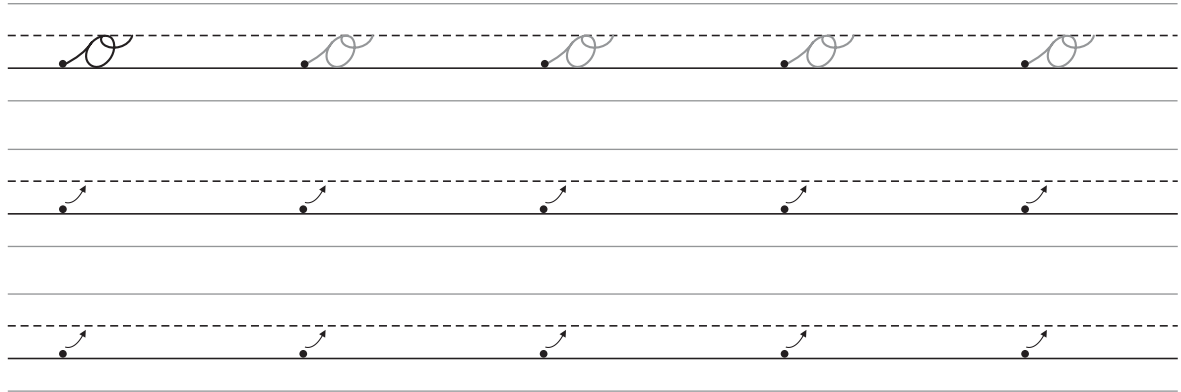


Read aloud the letter name.

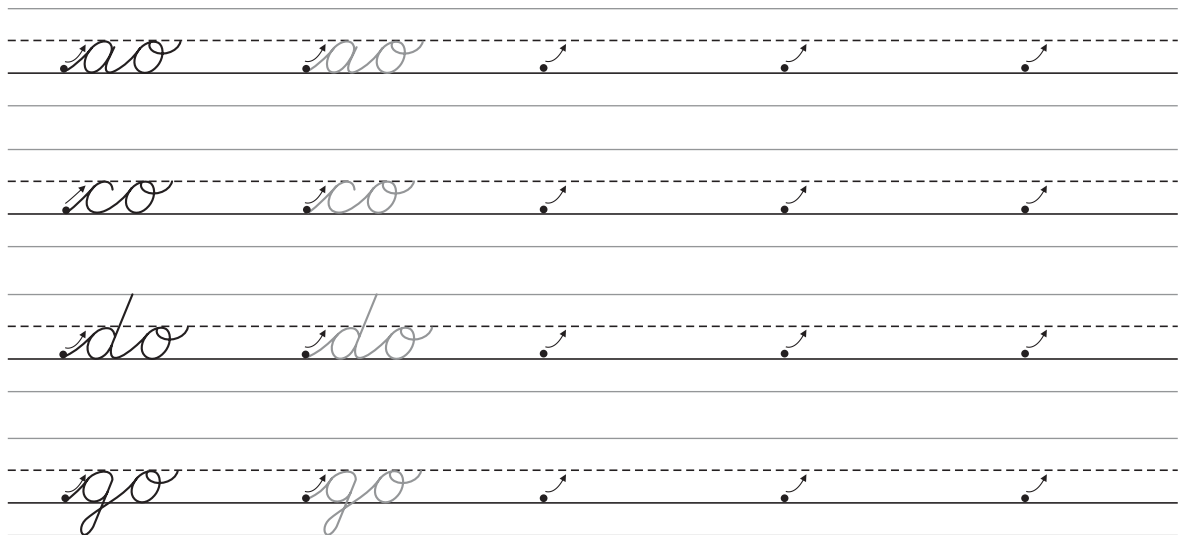


Orange

Trace and copy the letter.



Trace and join the letters.



Read aloud the letter name.

Handwriting practice for the letter 'v'. On the left, a large uppercase 'V' and a smaller lowercase 'v' are shown on a set of three horizontal lines (top dashed, middle solid, bottom solid). In the center, a van is illustrated within a dashed circular border, with the word 'van' written below it. On the right, another set of three horizontal lines shows a lowercase 'v' being written, with a small arrow indicating the starting point and direction of the stroke.



Trace and copy the letter.

Handwriting practice for the letter 'v'. The first row shows five lowercase 'v's on a set of three horizontal lines; the first two are solid, and the last three are dashed for tracing. The second row shows five lowercase 'v's on a set of three horizontal lines, each with a small arrow and a dot at the starting point. The third row shows five lowercase 'v's on a set of three horizontal lines, each with a small arrow and a dot at the starting point.

Trace and join the letters.

Handwriting practice for joining letters. The first row shows 'vno' on a set of three horizontal lines; the first two are solid, and the last three are dashed for tracing. The second row shows 'vna' on a set of three horizontal lines; the first two are solid, and the last three are dashed for tracing. The third row shows 'vni' on a set of three horizontal lines; the first two are solid, and the last three are dashed for tracing. The fourth row shows 'vne' on a set of three horizontal lines; the first two are solid, and the last three are dashed for tracing.

Read aloud the letter name.

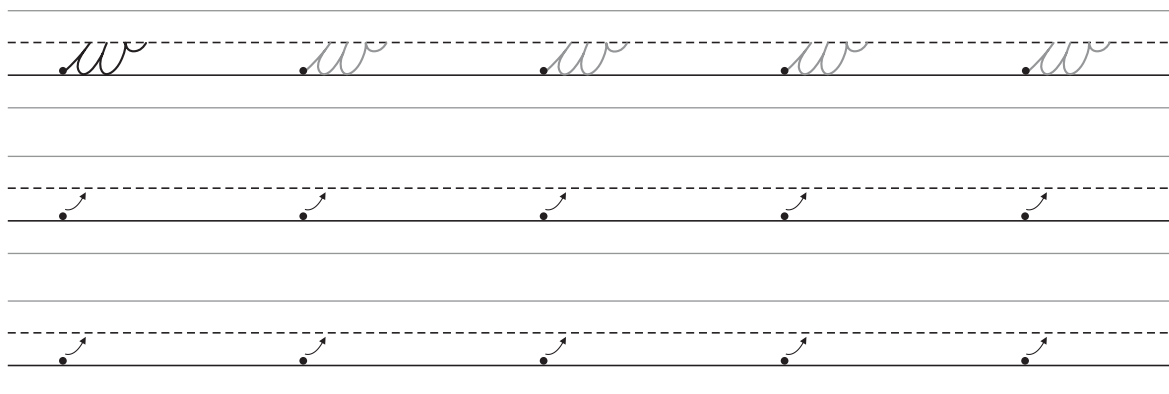


well



watch

Trace and copy the letter.



Trace and join the letters.



See how the letters join. Trace the words, then write yourself.

do

do

· ↗

· ↗

go

go

· ↗

· ↗

so

so

· ↗

· ↗

dog

dog

· ↗

· ↗

god

god

· ↗

· ↗

odd

odd

· ↗

· ↗

lord

lord

· ↗

· ↗

cord

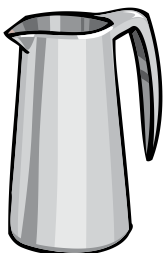
cord

· ↗

· ↗

Read aloud the letter name.

Handwriting practice for the letter 'j'. On the left, two cursive 'j's are shown on a set of three lines. In the center, a dashed circle contains an illustration of a jug with the word 'jug' written below it. On the right, two more cursive 'j's are shown on a set of three lines.



jug



jam

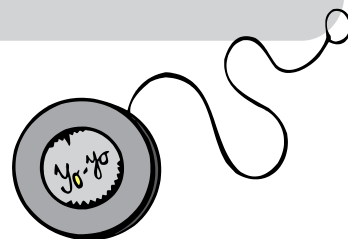
Trace and copy the letter.

Handwriting practice for the letter 'j'. The first row shows five cursive 'j's for tracing, each with a small arrow indicating the starting point and direction of the stroke. Below this are two rows of empty handwriting lines for copying the letter.

Trace and join the letters.

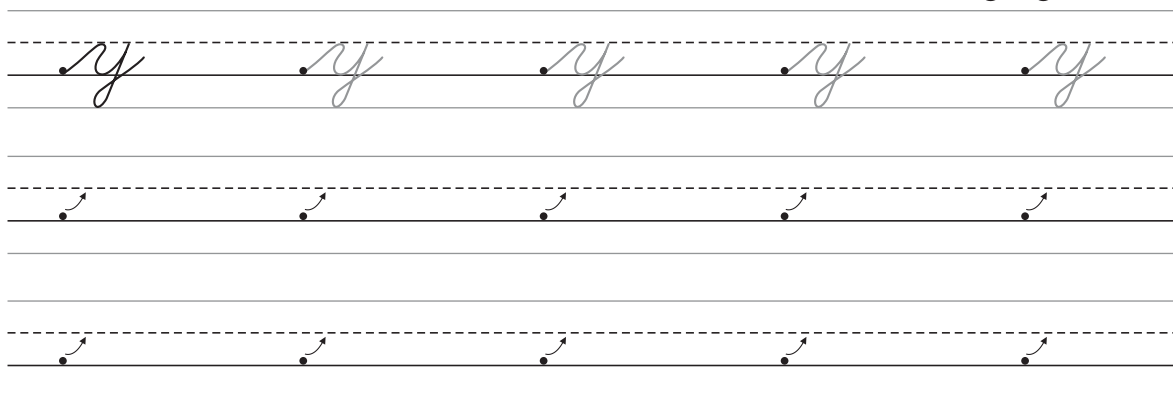
Handwriting practice for joining letters. The first row shows 'oj' followed by two 'o' characters with starting arrows. The second row shows 'ja' followed by two 'a' characters with starting arrows. The third row shows 'jg' followed by two 'g' characters with starting arrows. The fourth row shows 'je' followed by two 'e' characters with starting arrows.

Read aloud the letter name.



yo-yo

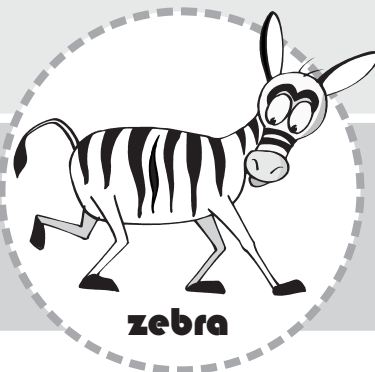
Trace and copy the letter.



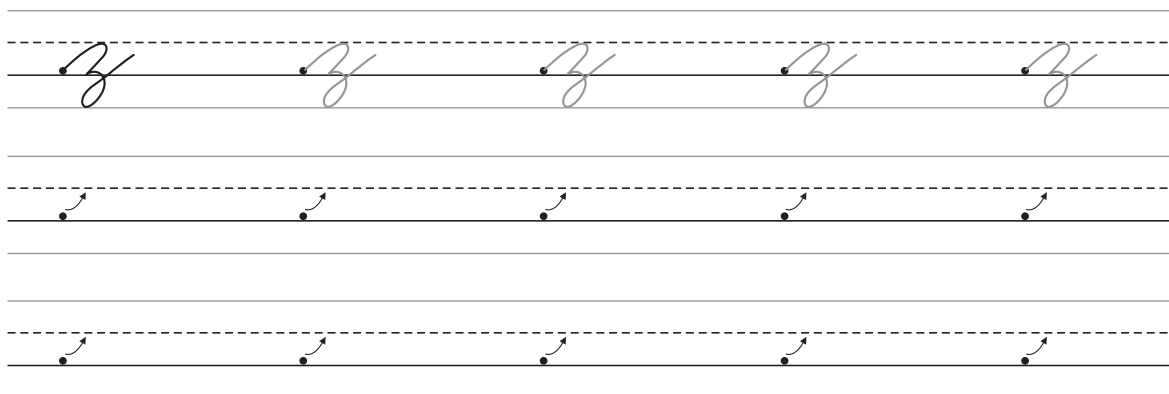
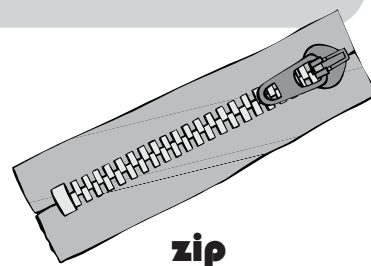
Trace and join the letters.



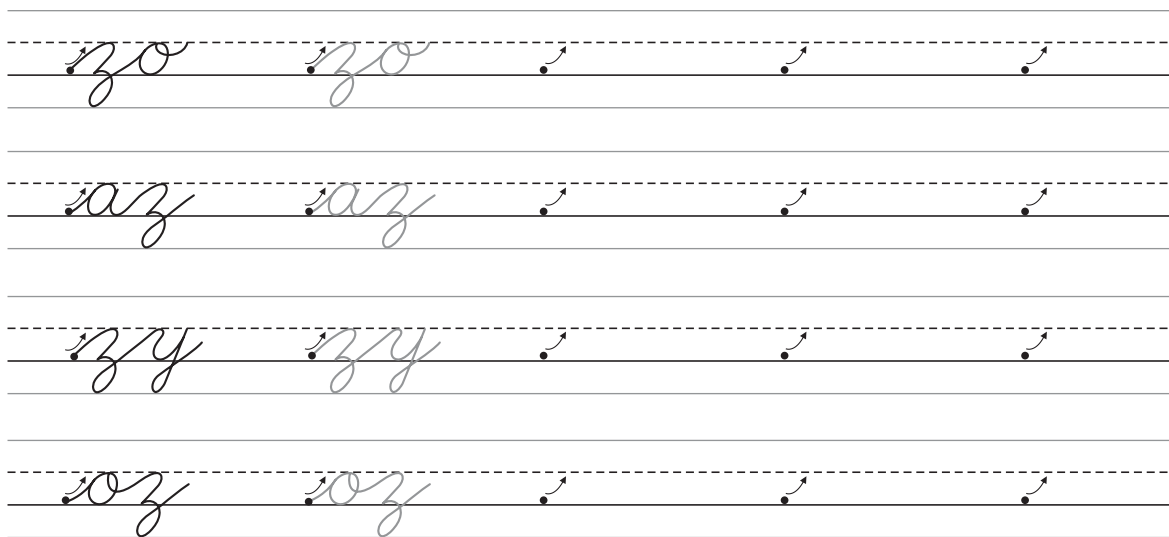
Read aloud the letter name.



Trace and copy the letter.



Trace and join the letters.



See how the letters join. Trace the words, then write yourself.

zoo zoo ? ?

dary dary ? ?

joy joy ? ?

jaw jaw ? ?

jog jog ? ?

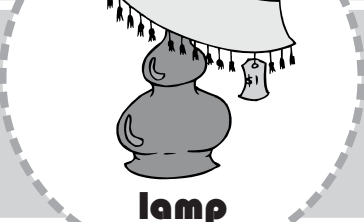
yoga yoga ? ?

room room ? ?

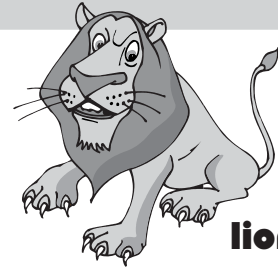
doom doom ? ?



Read aloud the letter name.

*L L*  *l l*

lamp



lion

Trace and copy the letter.

*l l l l l*

*l l l l l*

Trace and join the letters.

*lo lo* *l* *o*

*ld ld* *l* *d*

*ol ol* *o* *l*

*al al* *a* *l*

Read aloud the letter name.

*H H*  *h h*

horse



hat

Trace and copy the letter.

*h h h h h*

*h h h h h*

Trace and join the letters.

*oh oh* *h* *h* *h*

*hg hg* *h* *h* *h*

*ha ha* *h* *h* *h*

*ah ah* *h* *h* *h*

Read aloud the letter name.

*K K*  *k k*

kangaroo



king

Trace and copy the letter.

*k k k k k*

*k k k k k*

Trace and join the letters.

*kl kl* *kl* *kl*

*ka ka* *ka* *ka*

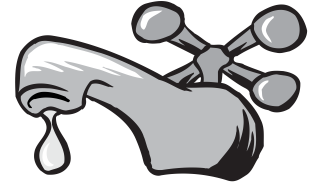
*ok ok* *ok* *ok*

*ik ik* *ik* *ik*

Read aloud the letter name.

*t* *t*  *t* *t*

tiger



tap

Trace and copy the letter.

*t* *t* *t* *t* *t*

*t* *t* *t* *t* *t*

Trace and join the letters.

*th* *th* *th* *th* *th*

*tw* *tw* *tw* *tw* *tw*

*ot* *ot* *ot* *ot* *ot*

*it* *it* *it* *it* *it*

Read aloud the letter name.

Handwriting practice for the letter 'f'. On the left, uppercase 'F' and lowercase 'f' are shown on a three-line grid. In the center, a fish is illustrated in a dashed circle with the word 'fish' below it. On the right, lowercase 'f' is shown on a three-line grid.

Trace and copy the letter.



Handwriting practice for the letter 'f'. The first row shows five lowercase 'f's for tracing on a three-line grid. The second and third rows show five starting dots on a three-line grid, each with a small arrow indicating the direction of the stroke.

Trace and join the letters.

Handwriting practice for letter combinations. Each row shows two examples of a combination for tracing followed by three starting dots with arrows on a three-line grid. The combinations are: 'fo', 'ft', 'fy', and 'fi'.

Read aloud the letter name.

B

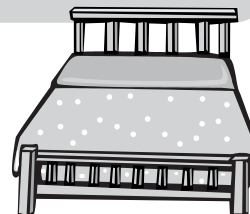
B



baby

b

b



bed

Trace and copy the letter.

b

b

b

b

b

.

.

.

.

.

.

.

.

.

.

Trace and join the letters.

bo

bo

.

.

.

ba

ba

.

.

.

bl

bl

.

.

.

ber

ber

.

.

.

Here are the words ending in 'all'. Say aloud, trace and copy the words.

call call

fall fall

tall tall

ball ball

hall hall

call call

mall mall

wall wall

See how the letters join. Trace the words, then write yourself.

**These words have a short 'oo' sound**

wood wood

good good

hood hood

••••

**These words have a long 'oo' sound**

stool stool

pool pool

boot boot

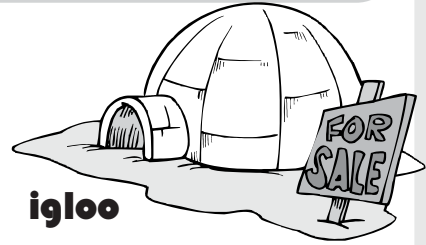
moon moon



Read aloud the letter name.

*I I*  *i i*

inkpot



igloo

Trace and copy the letter.

*i i i i i*

*i i i i i*

*i i i i i*

Trace and join the letters.

*it it* *i* *i* *i*

*il il* *i* *i* *i*

*if if* *i* *i* *i*

*in in* *i* *i* *i*

Read aloud the letter name.

u u



umbrella

u u



Trace and copy the letter.

u u u u u

u u u u u

u u u u u

Trace and join the letters.

ug ug u u u

qu qu u u u

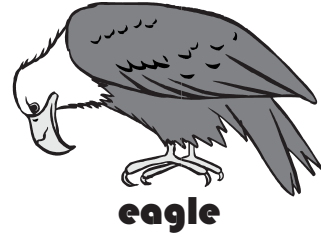
ut ut u u u

pu pu u u u

Read aloud the letter name.

Handwriting practice for the letter 'e'. On the left, two cursive 'e's are shown on a set of three lines (top, middle-dashed, bottom). In the center, a cracked egg is shown with a whole egg below it, labeled 'egg'. On the right, two cursive 'e's are shown on a set of three lines.

Trace and copy the letter.




Handwriting practice for the letter 'e'. The first row shows five cursive 'e's on a set of three lines. The second row shows five dots on the middle-dashed line, each with a small arrow pointing up and to the right, indicating the starting point and direction for writing the letter. The third row is a blank set of three lines for independent practice.

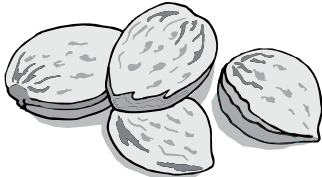
Trace and join the letters.

Handwriting practice for words starting with 'e'. Each row contains two cursive words followed by three dots on the middle-dashed line with arrows indicating the starting point and direction for writing the next letter. The words are: 'sea', 'ery', 'ef', and 'en'.

Read aloud the letter name.

*N N*  *n n*

nest



nut

Trace and copy the letter.

*n n n n n*

*n n n n n*

Trace and join the letters.

*ne ne* *ne ne ne*

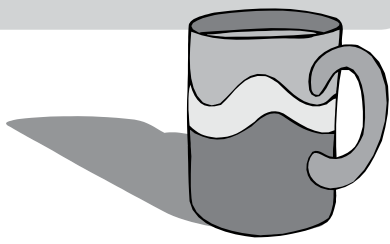
*no no* *no no no*

*ni ni* *ni ni ni*

*ne ne* *ne ne ne*

Read aloud the letter name.

*M M m m*



Trace and copy the letter.

*m m m m m*

*m m m m m*

Trace and join the letters.

*my my* *ma ma* *me me* *mo mo*

Here is the 'ee' family of words. Say aloud, trace and copy the words.

bee bee

feel feel

feet feet

heel heel

meet meet

queen queen

sweet sweet

tweet tweet

Say aloud the sound made by the letters 'ea'. Trace and copy the words.

meal meal ? ?

heal heal ? ?

seat seat ? ?

bead bead ? ?

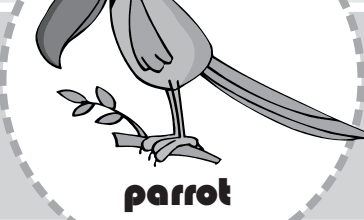
beat beat ? ?

heat heat ? ?

meat meat ? ?

seal seal ? ?

Read aloud the letter name.

*P* *P*  *p* *p*

parrot



Trace and copy the letter.

*p* *p* *p* *p* *p*

*p* *p* *p* *p* *p*

Trace and join the letters.

*pl* *pl* *p* *p* *p*

*pe* *pe* *p* *p* *p*

*ph* *ph* *p* *p* *p*

*pi* *pi* *p* *p* *p*



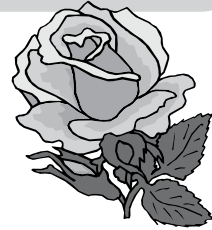
Read aloud the letter name.

R R



rabbit

r r



rose

Trace and copy the letter.

r r r r r

r r r r r

r r r r r

Trace and join the letters.

ra ra r

ri ri r

tr tr r

ts ts r

Say aloud the sound made by the letters 'ai'. Trace and copy the words.

mail mail

mail mail

tail tail

yail yail

wait wait

rain rain

pain pain

gain gain